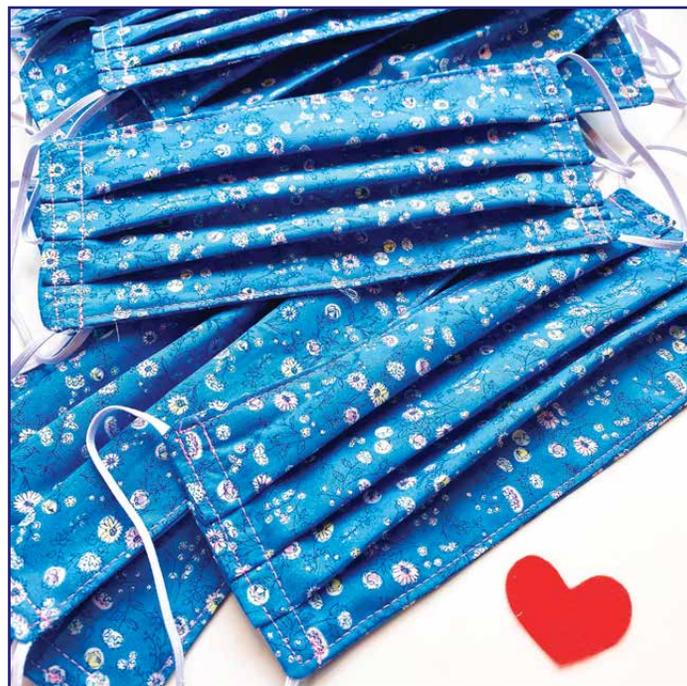


CRAFTIVISTS VERSUS COVID-19

# MILLION MASK

*challenge*

## Basic Mask Instructions



**VERSION 2.1, 4-19-2020**

**FOR HELP:**

[www.facebook.com/groups/millionmaskchallenge](https://www.facebook.com/groups/millionmaskchallenge)

[millionmaskchallenge.com/information](https://millionmaskchallenge.com/information)

[info@millionmaskchallenge.com](mailto:info@millionmaskchallenge.com)

*Please try to find an answer on Facebook before emailing!*

*This guide was prepared by our pattern committee, based on The Turban Project design. This is intended to be for all levels, but was specifically directed at beginners. Thank you for sewing for our project.*

## Supplies:

### Fabric

- Two DIFFERENT colors/patterns - so the user can identify which is the inside and which is the outside. Please use the lighter color/pattern for the inside.  
*Note: If you only have one color/pattern of fabric, turn one piece over so the the “wrong side” becomes the “right side.” (The back side of fabric will end up facing out on the completed product.) Both sides must look different.*
- Type of Fabric - 100% cotton, tightly woven; two different patterns/colors preferred. When you hold it up to the sun, can you see through the weave? If not, that’s good! The best fabric is 180-thread-count “quilter’s cotton.”
- Prewash your fabric in hot water and use a high heat dryer setting, to minimize later shrinkage and for disinfection. Please, if you are sick, do not make masks for others.

### Elastic, Fabric “ties,” or Bias Tape

- Elastic - ¼ inch or ½ inch elastic ideal; beading cord elastic, knotted at end, OK
- Fabric ties - see the tutorial on our website on how to make fabric ties
- Bias tape - sew shut along edge

### Sewing Supplies: Sewing Machine, Thread, Scissors, Pins

## Steps to Make a Basic Mask:

### 1. Cut two pieces of fabric.

Two Sizes:

- Adult: 9 inches wide by 7½ inches tall
- Child: 7½ inches wide by 6 inches tall

### 2. Cut your ties or elastic.

- For elastic - two 7-inch strips (ear loops)  
Child sized elastic - two 6-inch strips  
*Attach top/bottom corners on left & right*
- For fabric ties/bias tape - four 20-inch strips (long enough to tie in bow)

### 3. Pin or clip your pieces of fabric together.

- Put the “right” sides of the fabric together.



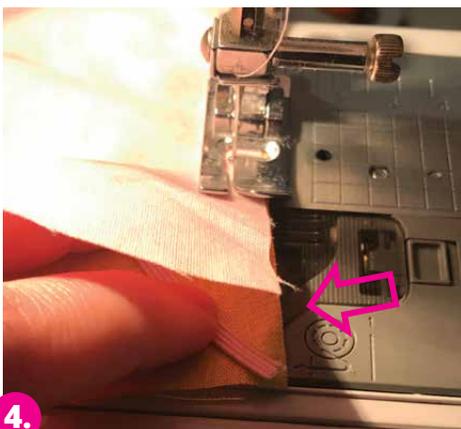
*Elastic is inside. When clipped, may pull so it won't lay flat. Some pin the elastic inward to make sure it's only sewn on corners. Be careful not to sew your elastic in side seams! Our team just slides in elastic or ties, as they approach the corners.*

#### 4. Sew the pieces together.

- Start sewing, backstitch, then continue. Begin at the middle of one of the longer sides (this allows us to turn it inside out eventually) and stop about an inch from the corner. You'll want to sew about a  $\frac{1}{4}$  inch or  $\frac{1}{8}$  inch from the edge of the fabric.



Start somewhere around here.



4.

- At the corner, keep your presser foot down, and slide in the piece of elastic, or tie, so it is sandwiched between the pieces of fabric at the corner. Angle the end so that it looks like this. Holding the elastic or tie in place, sew over it. Backstitch over it to secure it in place, then continue.
- Stop sewing, lift up your presser foot, and turn your piece. Sew along the short side, stopping about an inch from the end. Make sure you do not sew the elastic into the seam. Take the other end of the same elastic piece and put it in the corner like you did the prior corner. Sew over the elastic, reversing your stitch over the elastic to secure it in place.
- Continue sewing around the edge and repeat the elastic attachment on the other side. Be sure to STOP sewing about 2 inches from where you started.
- Turn the piece inside out through the 2-inch size hole you left on one side. Use an iron to press the edges flat.

#### 5. Next make the pleats or tucks.

- You'll need three tucks on each side, and they need to all go in the same direction. Starting about an inch from the top, pull the fabric up slightly about  $\frac{1}{2}$  inch, and then lay it down towards the bottom of the mask. Repeat to create three pleats on each side.



- Again, the pleats on both sides need to go in the same direction. Your mask should be about 3½ to 4 inches tall.
- For a child sized mask, it will be about 3 inches tall, after pleating.

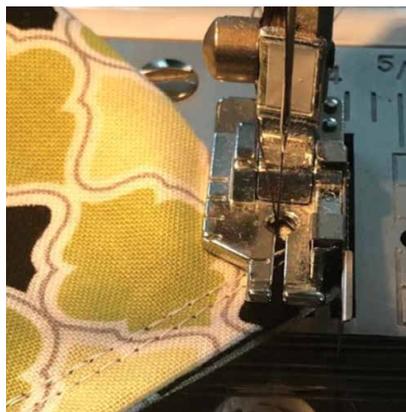


**6. Starting on the long side, sew around the mask, about ¼ inch from the edge.**

When you get to the sides with the tucks, be sure to avoid your pins or clips. Sew around the entire outside once or twice to reinforce.

**7. Make one or two small seams for a better fit.**

Fold the mask in half so the elastics or ties are together, with the “inside” (lighter fabric) facing out. At the top and bottom, about ¼ inch inside of the mask, sew a short seam at an angle, backstitch, and create two little triangles so the mask fits better.



Your mask is done! Cut off the extra thread and marvel at your awesome skills.

Please tell us that you have completed the challenge here:

**[millionmaskchallenge.com/masks-ready](https://millionmaskchallenge.com/masks-ready)**

We want to know how many masks are made. We can send you instructions about how to donate your masks to health care providers and others who need them.

Please download important instructions to provide with your mask:

**[millionmaskchallenge.com/4-up\\_directions](https://millionmaskchallenge.com/4-up_directions)**