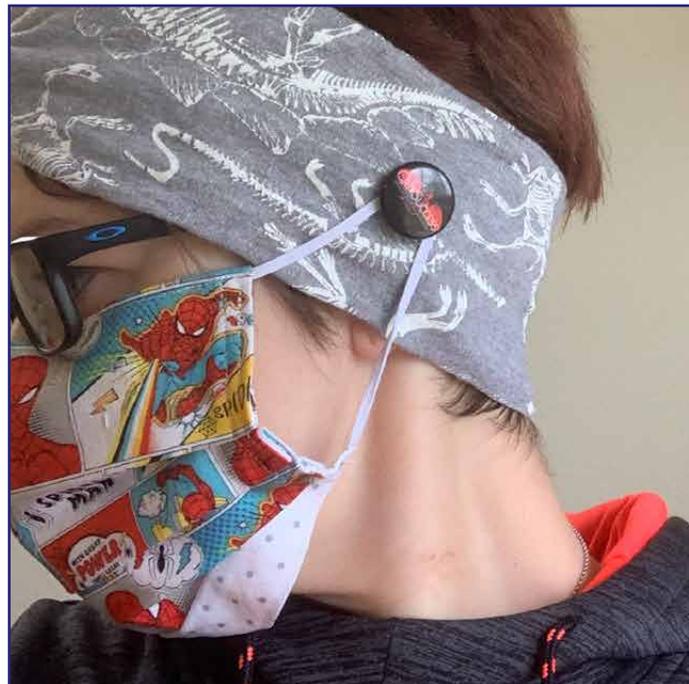


CRAFTIVISTS VERSUS COVID-19

MILLION MASK

challenge

Quick Twist Headband with Buttons



VERSION 1.0, 4-11-2020

FOR HELP:

www.facebook.com/groups/millionmaskchallenge

millionmaskchallenge.com/information

info@millionmaskchallenge.com

Please try to find an answer on Facebook before emailing!

This guide was prepared as a hack to help mask wearers who are getting sore ears, courtesy of our pattern committee, with a shout out to Ash Brower for taking the lead!

Supplies:

- Knit Fabric - 8½ inches wide by 18⅞ inches wide
- Two buttons of ¾ inch size or larger; or two removable, pin-back buttons
- Cutting tool, sewing machine or serger, iron, thread

Instructions:

1. Cut your knit fabric with most stretch going along the longest side, 8½ inches wide by 18½ inches long. Fold longways.



2. Stitch along the long side to form a tube using a serger or stretch stitch on your sewing machine.

3. Turn right side out and press with seam on one side.

4. Make the top twist and close the loop:

- Lay on the table, taking one end, folding down at an angle.
- Fold that top edge up (the one closest to you) laying it over the top half of the bottom end away from you.





4.



4.



5.

- Fold the bottom end over the top piece, sandwiching the fabric.
 - Fold the top end over the fabric that you just folded to make four layers.
 - Stitch this sandwich down firmly, then trim. (Video: tinyurl.com/TwistHeadband)
5. The seam formed from the above fabric sandwich will be on the inside of the band. On the outside it will appear as a twist. This is the top of the headband.
6. Fold headband width-wise, and mark 4 inches from the back, centered in the headband on both sides. Sew buttons at the 4-inch mark. Or use some fun pinback buttons!



4.



5.



6.

To Wear:

- Loop mask elastic over buttons.

To Wash:

- Machine wash warm after use. (Remove pinback buttons to wash!)



6.

