

CRAFTIVISTS VERSUS COVID-19

# MILLION MASK

challenge

## Pony Tail Style Scrub Cap



**VERSION 1.0, 4-19-2020**

**FOR HELP:**

[www.facebook.com/groups/millionmaskchallenge](https://www.facebook.com/groups/millionmaskchallenge)

[millionmaskchallenge.com/information](https://millionmaskchallenge.com/information)

[info@millionmaskchallenge.com](mailto:info@millionmaskchallenge.com)

*Please try to find an answer on Facebook before emailing!*

*This guide was prepared by our pattern committee, with an eye to helping beginning sewists accomplish this project. These caps are required by some hospitals and are now a scarce supply. Without access to caps, some nurses around the world have taken drastic measures, such as shaving their heads. Thank you for helping us be able to provide these caps to front line workers.*

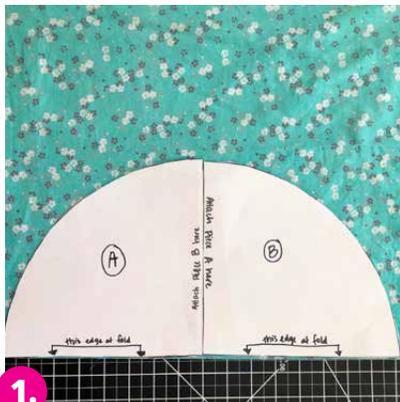
## Supplies:

- Cotton Fabric -  $\frac{3}{4}$  yard, 44 inches wide
- Two 20-inch pieces of  $\frac{1}{4}$  grosgrain ribbon
- Pins, clips
- Matching thread
- Seam ripper or small scissors; also, sharp fabric scissors
- Ruler
- Iron

## Instructions:

### 1. Print the pattern.

Print out the pattern pieces at 100%, making sure that the 1-inch line = 1 inch and that the radius of the circle is 8 inches. Attach the pattern pieces as shown.



1.



2.



2.



2.

### 2. Cut your fabric.

Cut a strip that is 7 by 40 inches. (The easy way to do this is to fold your fabric in half, and cut 20 inches long starting from the fold, 7 inches wide.)

Fold your fabric in half. Place your half circle pattern along the edge of the fold. Cut out a circle.

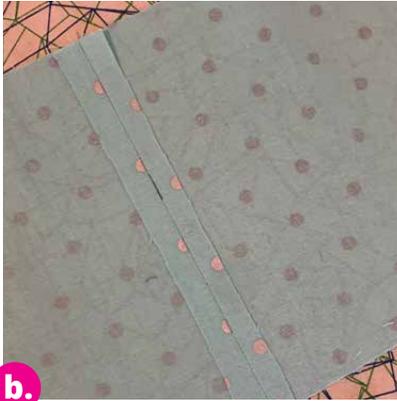
### 3. Make the band.

a. Take the 40- by 7-inch piece (the “band” of your cap”) and sew the short sides of band together, right sides together with a  $\frac{3}{8}$  inch seam allowance.

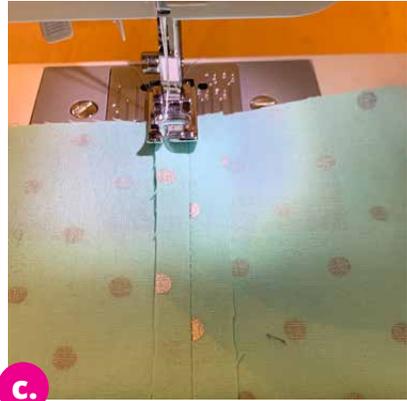
b. Open up your band and iron the seam you just sewed “open” as shown.



3 a.



b.



c.



3 c.



c.



c.

c. Stitch along the seam, on both sides, stitching down the seam allowance. This is the back seam of the cap.

d. Now working on one of the long sides of the band, fold down  $\frac{3}{4}$  inch, press, and then  $\frac{3}{4}$  inch again to create the band casing. Your ribbon will go through part of the casing.



3 d.



d.



d.



**3 d.**



**e.**



**e.**

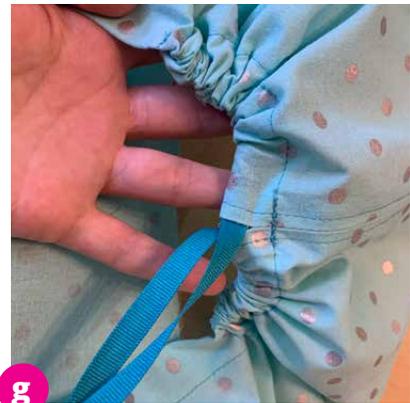
- e.** Take your seam ripper to the back seam of the cap, from the pressed edge. Open about  $\frac{1}{4}$  inch on either side. This is where your ribbon ties will come out.
- f.** From the back seam, measure 11 inches and pin one end of your ribbon ties into the crease of the band, threading the other end through the opening in the back seam. Stitch the end down securely, at the 11 inch mark, and then pin the ribbon down into the casing close to the bottom (crease) of the band. You do not want to stitch over the ribbon when you sew the casing down.
- g.** Stitch around entire band casing, being sure to keep clear of the ribbons so they can move freely in the casing. Do a couple back stitches at the back seam where you made the drawstring opening to reinforce there.



**3 f.**



**g.**



**g.**

#### **4. Attach the crown to the band.**

- a.** Create four approximately 1-inch pleats all next to each other and in the same direction on the crown piece. No need to iron yet as you may adjust these pleats over the next few steps.
- b.** Center your pleats on the back of the band, over the seam created on the band.
- c.** On one side of the pleats, moving away from the pleats, start pinning the crown circle to the raw edge of your band. Pin the part with the pleats last so you can re-adjust the pleat sizing if needed to fit the crown to the band. Make sure you are pinning the right sides together, so you can see only the "wrong side."



4 a.



e.



- d. When you get to the pleats, re-adjust the sizing of the pleats as needed to get the crown to fit on the band. Pin the pleats down.
- e. Sew around the entire crown twice with a  $\frac{3}{8}$ -inch seam allowance, careful not to pull any extra fabric from the band. You can zig zag or serge around the raw edges if you like.



#### To Wear...

- Center on front of head, gathering up hair in the “bag” created in the back. Pull the ribbons as a draw string, wear as a snood, or wrap ribbons over and tie in a low “pony tail.”
- Your hat is done! Cut off any extra thread and marvel at your awesome skills.



Please tell us when you have completed any caps, as part of our challenge, here:

**[millionmaskchallenge.com/masks-ready](https://millionmaskchallenge.com/masks-ready)**

We want to know how many caps are made.

We would also love to collect anything you make to distribute, and you will be provided with information about how to donate if you complete the form on the above website page above.

We have received requests for thousands of caps.  
Thank you for sewing!

1 inch



**A**

**(8-inch radius, 16-inch diameter)**

**This edge is at fold.**

**Tape pattern together. Attach Piece B here.**

1 inch

**B**

**This edge is at fold.**

**Tape pattern together. Attach Piece A here.**