

CRAFTIVISTS VERSUS COVID-19

MILLION MASK

challenge

Basic Mask with Pocket Instructions



VERSION 2.0, 5-23-2020

FOR HELP:

www.facebook.com/groups/millionmaskchallenge

millionmaskchallenge.com/information

info@millionmaskchallenge.com

Please try to find an answer on Facebook before emailing!

This is for all levels, but was directed at beginners. Thank you for sewing for our project. What to put in the pocket? You can add unused coffee filters; another layer of tightly woven fabric; a commercially produced PM2.5 filter; and other things including Halyard or polypropylene materials. Check out our FAQ. Do not wash with filter inside!

Supplies:

Fabric

- Two DIFFERENT colors/patterns - so the user can identify which is the inside and which is the outside. Please use the lighter color/pattern for the inside.

Note: If you only have one color/pattern of fabric, you can turn one piece over so the "wrong side" becomes the "right side." (The back side of fabric will end up facing out on the completed product.) Both sides must look different.

- Type of Fabric - 100% cotton, tightly woven; two different patterns/colors preferred. When you hold it up to the sun, can you see through the weave? If not, that's good! The best fabric is 180-thread-count "quilter's cotton."
- Prewash your fabric in hot water and use a high heat dryer setting, to minimize later shrinkage and for disinfection. Please, if you are sick, do not make masks for others.

Elastic, Fabric "ties," or Bias Tape

- Elastic - ¼ inch or ⅛ inch elastic ideal; beading cord elastic, knotted at end, OK
- Fabric ties - please see the tutorial on our website on how to make fabric ties.
- Bias tape - sew shut along edge.

Sewing Supplies: Sewing Machine, Thread, Scissors, Pins

Steps to Make a Basic Mask with a Pocket for Extra Filter:

1. Cut two pieces of fabric.

Two Sizes:

Adult:

- 9 inches wide by 9½ inches tall for FRONT
NOTE: If you already cut squares to 9 by 7½ inches to make the basic mask without a pocket, you can just sew a 2½ by 9 inch strip of fabric onto the 9 inch side of the FRONT piece of your mask. Use a ¼ inch seam allowance for this.
- 9 inches wide by 7½ inches tall for BACK

Child:

- 7½ inches wide by 8 inches for the FRONT
- 7½ inches wide by 6 inches for the BACK



a.

2. Cut your ties or elastic.

- For elastic - two 7-inch strips for ear loops
Or, two 6-inch strips for kids' ear loops

(If elastic is too big, the wearer can knot to shorten, attach to a button headband, or even use a 3D printed ear saver.)

- For fabric ties/bias tape - use four ties, that are long enough to tie into a bow, 20 inches per tie

3. Prepare your pieces of fabric.



b.

- Take your 9 by 9½ inch rectangle and fold down the side that measures 9 inches by ¼ inch. Press with iron. Then fold by another ¼ inch and press again, making a hem. Stitch the hem to secure in place. Your rectangle is now a 9 by 9 inch square. This piece will be the front of your mask.

- Repeat on the side that measures 9 inches on the other rectangle (the back of the mask). After making the hem here, this piece should measure 7 by 9 inches.

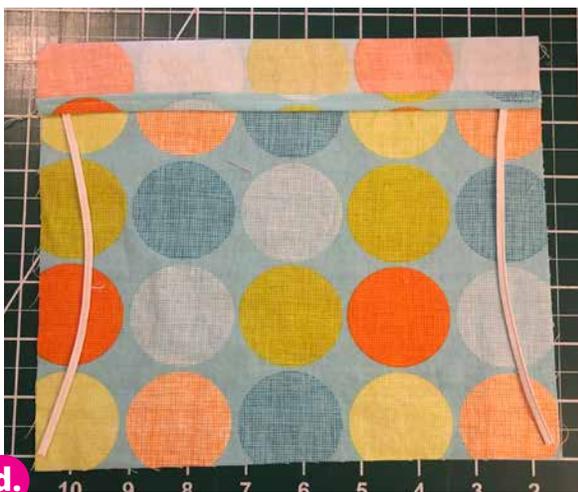


c.

- Now take your bigger rectangle and lay it pattern side up. Fold over the rolled edge enough so the mask measures 7 and ½ inches tall. Press gently with iron.

- Next place your elastic pieces (or ties) on top of the bigger rectangle, tucking the elastic (or ties) under the folded top. You'll need to shift the elastic while sewing to make sure it is attached in the corners.

- Lay the other rectangle on top, right sides together, with the folded hems on the same side. Pin or clip.



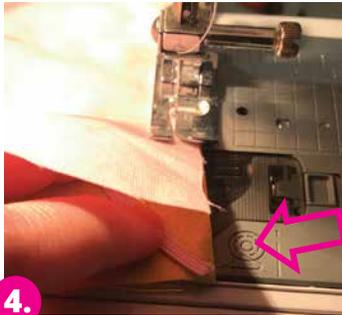
d.



e.

4. Sew the pieces together.

Start sewing, backstitch, continue. Begin at the corner at the top near the finished hemmed edges, where your pocket will be. Sew $\frac{1}{4}$ inch or $\frac{1}{8}$ inch from the edge.



4.

Sew around the *three* raw edge sides of your piece, going slowly at the corners to ensure the elastic or tie is pulled all the way into each corner as you stitch over it, then backstitch, then keep going. Lift up the presser foot, and turn your piece at the corners. Keep going. You can pin the elastic or ties down before you sew to make sure they don't move.

5. Turn your mask inside out. Press with an iron.



5.

6. Make the pleats or tucks.

You'll need three tucks on each side, and they need to all go in the same direction. To avoid your pocket, start about $1\frac{1}{2}$ inches from the top and pull the fabric down, securing with a pin. Repeat to create three pleats on each side. Press with an iron. Keep in mind that because you started your first pleat down a little further, your pleats will be a bit bunched together at the bottom.



6.

7. Sew around the edge of your mask.

Stay about $\frac{1}{4}$ inch from the edge, or $\frac{1}{8}$ inch from the edge along the top of the mask to leave plenty of room to work with your pocket.

When you get to the sides with the tucks, be sure to avoid your pins or clips. Sew around the entire outside of the mask twice to reinforce.



6.



7.



8. Make one or two small seams for a better fit.

Fold the mask in half so the elastics or ties are together, with the “inside” (lighter fabric) facing out. At the top and bottom, about ¼ inch inside of the mask, sew a short seam at an angle, backstitch, and create two little triangles so the mask fits better. Some make only one “nose seam” as shown here.



Your mask is done! Cut off the extra thread and marvel at your awesome skills. Someone will appreciate that you made this for them!

Please tell us that you have completed the challenge here:
millionmaskchallenge.com/masks-ready

We want to know how many masks are made.
We can also send you instructions about how to donate your masks to health care providers and others who really need them.

Please download important instructions to provide with your mask:
millionmaskchallenge.com/4-up_directions